



STARTERS

MEAT

CHICKEN TIKKA £4.45

Boneless juicy pieces of chicken marinated in aromatic Indian herbs & cooked over a charcoal grill

TANDOORI CHICKEN £4.45

Succulent chicken prepared on the Bone marinated in spices & cooked over a charcoal grill

CHICKEN WINGS £4.75

Wings Marinated in amazing blend of herbs & spices cooked over a charcoal grill

CHICKEN PAKORA £4.95

Tender pieces of chicken coated in a spicy batter mix deep fried to golden perfection

SEEKH KEBAB £4.95

Amazing minced lamb blended with fresh herbs & spices cooked over a charcoal grill on a skewer

MEAT SAMOSA £4.95

Amazing minced lamb blended with fresh herbs & spices encased in a light pastry deep fried to golden perfection

LAMB CHOPS £5.95

Tender Lamb marinated selected blend of herbs & spices cooked over a charcoal grill

PORK CHOPS £5.95

Pork Chops marinated in a selected spices cooked over a charcoal grill

VEGETARIAN

POPADDOM £1.00

Served with complimentary sauces & spices

VEG PAKORA £4.45

Fresh selection of vegetable coated in a spicy batter mix deep fried to golden perfection

VEG SAMOSA £4.45

Vegetable blended with fresh herbs & spices encased in a light pastry deep fried to golden perfection

PANEER TIKKA £4.95

Succulent Indian cheese aromatic Indian herbs & cooked over a charcoal grill

FISH PAKORA £5.45

Tender pieces of fish coated in a spicy batter mix deep fried to golden perfection

all starters served with a selection of sauces and fresh salad

MIXED GRILL SIZZLERS

all mixed grills and sizzlers served with a selection of sauces, fresh salad and a curry sauce

CURRY SAUCE SERVED TO PREFERRED SPICE LEVELS

small

MIXED GRILL

Chicken Wings, Chicken Tikka, Seekh Kebab all cooked in charcoal grill

(SERVES 2 PEOPLE)

£10.95

medium

MIXED GRILL

Chicken Wings, Chicken Tikka, Seekh Kebab, Fish Pakora all cooked in charcoal grill

(SERVES UP TO 3 PEOPLE)

£15.95

large

MIXED GRILL

Chicken Wings, Chicken Tikka, Seekh Kebab, Fish Pakora, Lamb Chops all cooked in charcoal grill

(SERVES UP TO 4 PEOPLE)

£20.95

PUNJABI SPICY CHICKEN

Spicy half chicken tikka marinated in a blend of spicy herbs all cooked in charcoal grill

£12.95

PUNJABI SPICY LAMB BURGER

Two succulent shami kebab style patties served in a bun with mint sauce & chips

£10.95

TANDOORI KING PRAWNS

King prawns marinated in a blend of spicy herbs all cooked in charcoal grill

£15.95

STEAK SIZZLER PLATTER

Perfectly prepared steak served with a choice sauce, chips & salad

£15.95

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WWW.PUNJABI-GRILL.CO.UK

FOOD ALLERGIES AND INTOLERANCES Some of our foods contain allergens. Please speak to a member of staff for more information.

DIVISIONS OF PUNJAB
1 DEERI DIVISION
2 LAHORE DIVISION
3 JULLUNDUR DIVISION
4 RAJAPUR DIVISION
5 MULTAN DIVISION



MAINS

1. pick your style of curry

KORMA

Cooked in a sweet creamy coconut sauce

TIKKA MASALA

Served in a delicious, rich & creamy sauce

CURRY

Cooked with herbs & spices complimented in a rich traditional sauce

KARAHI

Combination of herbs, spices, ginger, peppers & onions prepared in a thick sauce

BHUNA

Cooked in an amazing thick sauce prepared in the Punjabi way

BALTI

Combination of spices cooked with garlic & ginger in the Punjabi way

SAAG

Cooked with vibrant green spinach & garlic resulting in amazing healthy comforting Punjabi recipe

JALFREZI

Combination of herbs, spiced with green chillies, ginger, peppers & onions

PUNJABI HOUSE SPECIAL

Amazing selection of spices used to prepare a homely Punjabi dish prepared with a selection of the finest meats, including chicken, lamb & prawns.

£12.95

PUNJABI SPICY LAMB

A traditional recipe served across Punjab slow cooked with garlic, green chillies, curry leaves creating a spicy, rich lamb curry

£11.95

PUNJABI GARLIC CHILLI CHICKEN

Prepared with chicken tikka, green chillies, onions, coriander in a rich Punjabi sauce

£10.95

...add a side

TARKA DAAL

£5.95

A staple in every Punjabi household of yellow lentils cooked in herbs & spices with garlic

ALOO GOBI

£5.95

Spicy cauliflower and potatoes cooked with a selection of spices in a homely Punjabi way

MATTAR PANEER

£5.95

Paneer and peas a good wholesome flavourful Punjabi dish

PUNJABI ALOO CHANNA

£5.95

A traditional recipe prepared with chickpeas full of flavour cooked in a rich onion & tomato sauce

2. pick your meat, fish or veg

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|--------|-------|---------|-------|-------------|--------|
| VEG | £6.95 | CHICKEN | £8.95 | PRAWNS | £9.95 |
| LAMB | £9.95 | BEEF | £9.50 | KING PRAWNS | £11.95 |
| PANEER | £7.50 | KEEMA | £9.50 | | |

ALL DISHES ARE PREPARED *fresh* UPON ORDER

KIDS MENU

CHICKEN NUGGETS & CHIPS
£4.95

FISH FINGERS & CHIPS
£4.95

CURRY & RICE
£4.95

BREADS

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|--------------------|-------|
| PLAIN NAAN | £2.25 |
| GARLIC NAAN | £2.50 |
| CHEESE NAAN | £2.95 |
| SPICY NAAN | £2.95 |
| COCONUT NAAN | £2.95 |
| GARLIC CHEESE NAAN | £3.25 |
| KEEMA NAAN | £3.95 |
| TANDOORI ROTI | £1.95 |
| PARATHA | £2.50 |
| FILLED PARATHA | £2.95 |

RICE

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|--------------------|-------|
| PLAIN RICE | £1.95 |
| PILAU RICE | £2.50 |
| ONION RICE | £2.95 |
| PEA RICE | £2.95 |
| MUSHROOM RICE | £2.95 |
| COCONUT RICE | £2.95 |
| EGG FRIED RICE | £2.95 |
| CHICKEN FRIED RICE | £3.95 |
| KEEMA RICE | £3.95 |
| PUNJABI RICE | £4.50 |

SPUDS

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| CHIPS | £2.00 |
| PUNJABI MASALA CHIPS | £2.95 |

EXTRAS

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|-----------------|-------|
| YOGURT | £1.50 |
| FRESH SALAD | £1.95 |
| MIX PICKLE TRAY | £2.95 |

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